

SONGAHM (THEE) BELT MEANINGS

WHITE BELT

“Pure and without the knowledge of Songahm Taekwondo. As with the Pine Tree, the seed must now be planted nourished to develop strong roots.” *The student has not knowledge of Songahm Taekwondo and begins with a clean (pure) slate*

ORANGE BELT

“The sun is beginning to rise. As with the morning’s dawn, the beauty of the sunrise is seen rather than the immense power.” *The beginner student sees the beauty of the art of taekwondo but has not yet experienced the power in the technique*

YELLOW BELT

“The seed is beginning to see the sunlight.” *The student begins to understand the basics of Taekwondo.*

CAMOUFLAGE (CAMO) BELT

“The sapling is hidden amongst the taller pines and must now fight its way upward.” *The student begins to realize his/her place in the world’s largest martial art. The student must now begin to spar in order to promote in rank.*

GREEN BELT

“The pine tree is beginning to develop and grow in strength.” *The student’s technique is developing power. The components of the basic techniques are beginning to work in unison.*

PURPLE BELT

“Coming to the mountain. The tree is in mid-growth and now the path becomes steep.” *The student has crossed over into a higher level of Songahm Taekwondo. The techniques, poome-sae (forms), and level of gyeo-roo-gi (sparring) become more difficult creating a “mountain” that must be overcome.*

BLUE BELT

“The tree reaches for the sky toward new heights.” *Having passed the mid-way point, the student focuses his/her energy upward toward black belt.*

BROWN BELT

“The tree is firmly rooted in the earth.” *At this point the student has mastered the basics and developed deep roots in Taekwondo.*

RED BELT

“The sun is setting. The first phase of growth has been accomplished.” *The first day (the period of time from white belt to red belt) of growth is coming to an end. The physical skill has been developed but lacks control; therefore, physical and mental discipline must now be achieved.*

BLACK/RED BELT

“The dawn of a new day. The sun breaks through the darkness.” *The previous day has ended giving way to a new dawn. The student must begin a new phase of training; that of being a black belt.*

BLACK BELT

“The tree has reached maturity and has overcome the darkness...It must now begin to plant seeds for the future.” *The color black is created when all the colors of the light spectrum have been absorbed into an object. That object has “taken control” of the colors and retained them. If one color was to “escape,” the object would no longer be black but would appear as that color. The student has mastered the nine geup (grades of taekwondo). He/she has “absorbed” all the knowledge of the color ranks and overcome or “mastered” that level of training.*